



JUDO ONTARIO RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (FOR THOSE 18 YEARS OF AGE AND OLDER)



WARNING!

By signing this document you will waive certain legal rights, including the right to sue. Please read carefully.

- 1 This is a binding legal agreement; therefore clarify any questions or concerns before signing. As a Participant in the programs, activities and events of Judo Ontario, the undersigned acknowledges and agrees to the following terms:

Disclaimer

- 2 Judo Ontario and its directors, officers, committee members, members, employees, volunteers, participants, agents and representatives (collectively the "Organization") are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by a Participant during, or as a result of, the sport of judo and any program, activity or event of the Organization, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

Check Here →

- I have read and agree to be bound by paragraphs 1 and 2.

Description of Risks

- 3 I am participating voluntarily in the sport of judo and the activities, events and programs of the Organization. In consideration of my participation in the sport of judo and the programs, activities and events of the Organization, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the sport of judo and the programs, activities and events of the Organization. The risks, dangers and hazards include, but are not limited to, injuries from:

- a) Executing strenuous and demanding physical techniques in judo;
- b) Dryland training including weights, running and massage;
- c) Vigorous physical exertion, rapid movements, quick turns and stops, and strenuous cardiovascular workouts;
- d) Exerting and/or stretching various muscle groups;
- e) Collisions, falling, tumbling or hitting any apparatus, the floor, mats or other surfaces;
- f) Physical contact with other participants;
- g) Striking participants and/or objects;
- h) Contact, colliding or being struck by other participants;
- i) Being thrown to the floor;
- j) Falls due to uneven or irregular surfaces;
- k) Failure to participate within one's abilities;
- l) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
- m) Spinal cord injuries which may render me permanently paralyzed; and/or
- n) Travel to and from competitive events and associated non-competitive events which are an integral part of the Organization's activities.

- 4 Furthermore, I am aware:
- a) That injuries sustained can be severe;
 - b) That I may experience anxiety while challenging myself during the activities, events and programs;
 - c) That my risk of injury is reduced if I follow all rules established for participation; and
 - d) That my risk of injury increases as I become fatigued.

Release of Liability

4. In consideration of the Organization allowing me to participate, I agree:

- a) That my physical condition has been verified by a medical doctor to participant in the sport of judo and in the activities, events and programs of the Organization;
- b) To assume all risks arising out of, associated with or related to my participation;
- c) To waive any and all claims that I may have now or in the future against the Organization;
- d) To freely accept and fully assume all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization; and
- e) To forever release the Organization from any and all liability for any and all claims, demands, actions and costs that might arise out of my participation in the activities, events and programs of the Organization, due to any cause whatsoever, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence or breach of any duty of care of the Organization.

Acknowledgement

- 5 I acknowledge that I have read this agreement and understand it, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

Check Here →

- I have read and agree to be bound by paragraphs 3 -5.

Fill in Here →

Printed Name of Participant (Type or Print)

Signature of Participant

Date



Release form for **Adults** (18 yrs old and older)

NOTICE: This is a legal document which must be properly completed and signed. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it. obtain legal advice before signing.

RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN CONSIDERATION OF _____ being permitted to participate in Judo Classes at the Budokai Judo Club (hereinafter referred to as "these classes"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Ontario Judo Black Belt Association, the organizers of the Budokai Judo Club and North York Aikido Club – Aikido Hokyurukai, their respective officers, executives, directors, officials, agents, servants and representatives (hereinafter referred to as "the Releases") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, howsoever caused, arising out to or in connection with my participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises, or otherwise, of or by the Releases or any of them.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

I CERTIFY THAT:

1. **I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in these classes.**
2. **No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or in these classes.**
3. **I/We have read sections 3 and 4 of the Judo Ontario Release of Liability, Waiver of Claims and Indemnity Agreement and am/are aware that there is a high risk of injury by the very nature of the sport.**

THIS DOCUMENT SHALL BE BINDING UPON MYSELF, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.

1 have read this document and I understand it fully.

DATE:

SIGNED: